



How To Spot And Treat A Vascular Occlusion (VO)

- **Prolonged blanching** - the affected area may appear pale or white, even after removal of the needle.
- **Discolouration** - the area may turn dusky or purple (this is more likely to happen several hours after treatment).
- **Sluggish capillary refill** - anything longer than 3 seconds to return to completely normal colour.

How To Test Capillary Refill

- Press and firmly apply pressure to the affected area, count the seconds for the colour to return-over 3 seconds = sluggish refill. This could indicate a partial blockage or occlusion.
- In the first instance massage the area firmly and re- check the capillary refill.
- If this resolves no further action is required at this time but keep under review and keep in contact with your patient.

If NO Resolution then an **Emergency Dissolve Must Take Place.**

HOW TO DISSOLVE

- Reconstitute one vial of 1500 I.U Hyaluronidase with 1.5ml saline.
- Draw up 0.5ml and follow the path of the injection you think is responsible for the occlusion, flood the area of discolouration with multiple injection points.
- Massage the affected area wait 20 minutes.
- Repeat as necessary with the next 0.5ml of reconstituted hyaluronidase.

HOW CAN WE HELP YOU?

Get in touch with **Inspired Cosmetic Training** if you have any questions, or would like to find out more about our foundation to advanced training in medical aesthetic and support we can offer you.